AFTER GRADUATION, GUESTS & GARDENS – WHAT NEXT?

A TRANQUIL WRITING WORKSHOP!

With Donis Ruf-Bradbury, M.A.
Facilitating

4 September weekly sessions (2 ½ hours ea) will re-set your compass heading for quiet introspection

Donis wrote her Masters thesis entitled "Writing: A creative process for Personal Growth" and she has presented writing workshops at Washington Universities. You can support her first Canadian workshop by attending! The workshop is limited to 8 participants so register early as seating is limited.

Writing about family history and memoirs may be explored.

Location: **Santosha Studio, Lantzville - Dates and times TBA**

Price: **$85.60 ($80.00 + GST) = $20.00 per session. Light refreshments provided and at the end of the last session there will be a potluck social to discuss this and future workshops. There will be a potluck draw for one free future writing workshop.**

Call: **For dates, times and to register contact Helen at 390-9223 helen@axxess-health.com Please call to express interest/register no later than August 29th**